

# Poverty

There are no special economies that nourish the poor; on the contrary, there are a host of special costs.

If you can't put up the two month's rent you need to secure an apartment, you end up paying through the nose for rent by the week.

If you have only a room, with a hot plate at best, you can't save by cooking up huge lentil stews that can be frozen for the week ahead. You eat fast food or the hot dogs and Styrofoam cups of soup that can be microwaved in a convenience store.

**Barbara Ehrenreich, Nickel and Dimed**