

Resisters say

It is also worth keeping in mind that organic materials (like cotton and wool) absorb chemical contaminants, while synthetic materials (like nylon) will help keep your body insulated and provide a better barrier between pepper spray and your skin, but will melt if they come into contact with something hot such as a tear gas canister.

As a strong, fierce femme, you shouldn't feel forced to choose between the two. Instead, consider layering as a way to get the best of both worlds ...

**Elle Armageddon,
"The Femme's Guide to Riot Fashion"**